

National Senior Indoor Championships - 01/02/2015**Emirates Arena****Results****Event 4 Women 60 Meter Dash**

Name	Age	Team	Seed	Prelims	
Heat 1 Preliminaries					
1	29	Zoey Clark	Thames Valley	7.65	7.63Q
2	153	Alisha Rees	Banchory Stonehaven	7.74	7.68Q
3	52	Caroline George	Ayr Seaforth Aac	8.10	7.97Q
4	165	Suzanne Stephen	Vp-Glasgow AC	7.80	8.14q
5	105	Aimee McGinley	Ayr Seaforth Aac	8.14	8.25
Heat 2 Preliminaries					
1	27	Jill Cherry	Vp-Glasgow AC	7.73	7.74Q
2	34	Gillian Cooke	Edinburgh AC	7.85	7.77Q
3	62	Selina Henderson	Falkirk Victoria	7.88	7.79Q
4	81	Chloe Lambert	Vp-Glasgow AC	7.71	7.98q
5	88	Erin Leggate	Vp-Glasgow AC		8.15
6	181	Anna Walker	Kilmarnock H&Ac	8.93	8.80

Event 12 Women 60 Meter Dash

Name	Age	Team	Prelims	Finals	
Section 1 Finals					
1	29	Zoey Clark	Thames Valley	7.63	7.58
2	153	Alisha Rees	Banchory Stonehaven	7.68	7.61
3	34	Gillian Cooke	Edinburgh AC	7.77	7.81
4	52	Caroline George	Ayr Seaforth Aac	7.97	7.86
4	27	Jill Cherry	Vp-Glasgow AC	7.74	7.86
6	62	Selina Henderson	Falkirk Victoria	7.79	7.88
7	81	Chloe Lambert	Vp-Glasgow AC	7.98	7.94
8	165	Suzanne Stephen	Vp-Glasgow AC	8.14	8.23

Event 16 Women 200 Meter Dash

Name	Age	Team	Seed	Prelims	
Heat 1 Preliminaries					
1	41	Beth Dobbin	Edinburgh AC	24.31	24.87Q
2	52	Caroline George	Ayr Seaforth Aac	26.00	25.95Q
3	165	Suzanne Stephen	Vp-Glasgow AC	24.84	27.01q
Heat 2 Preliminaries					
1	29	Zoey Clark	Thames Valley	24.62	24.53Q
2	81	Chloe Lambert	Vp-Glasgow AC	24.59	25.21Q
3	193	Susan Young	Dundee Hawkhill	25.93	27.19q
4	42	Marie Dobson	Aberdeen Aac	25.94	27.58

Event 23 Women 200 Meter Dash

Name	Age	Team	Prelims	Finals	
1	29	Zoey Clark	Thames Valley	24.53	23.96
2	41	Beth Dobbin	Edinburgh AC	24.87	24.17
3	81	Chloe Lambert	Vp-Glasgow AC	25.21	25.01
4	52	Caroline George	Ayr Seaforth Aac	25.95	25.94
5	165	Suzanne Stephen	Vp-Glasgow AC	27.01	27.40
6	193	Susan Young	Dundee Hawkhill	27.19	27.60

Event 18 Women 400 Meter Run

Name	Age	Team	Seed	Finals	
1	120	Hayley Mills	Wigan Harriers	53.23	55.67
2	71	Avril Jackson	Edinburgh AC	56.77	58.15

3	130 Anna Nelson	Inverness Harriers	60.00	60.15
4	193 Susan Young	Dundee Hawkhill	58.98	60.68
5	42 Marie Dobson	Aberdeen Aac	58.64	61.02

Event 21 Women 800 Meter Run

Name	Age	Team	Seed	Finals	
Section 1					
1	12	Leah Barrow	Windsor Slough Eton	2:06.00	2:05.45
2	129	Madeleine Murray	Edinburgh AC	2:07.00	2:05.90
3	118	Philippa Millage	Vp-Glasgow AC	2:06.50	2:07.08
4	64	Mhairi Hendry	Vp-Glasgow AC	2:06.37	2:08.18
5	47	Sarah Olivia Eunson	Giffnock North Aac	2:10.00	2:10.28
6	152	Jemma Reekie	Kilbarchan Aac	2:09.00	2:13.02

Event 17 Women 1500 Meter Run

Name	Age	Team	Seed	Finals	
Section 1					
1	169	Jenny Tan	Fife AC	4:20.00	4:25.40
2	44	Laura Dunn	Edinburgh AC	4:20.00	4:27.87
3	20	Rebecca Burns	Pitreavie Aac	4:35.00	4:37.62

Event 2 Women 60 Meter Hurdles

Name	Age	Team	Seed	Prelims	
Heat 1 Preliminaries					
1	143	Catriona Pennet	Edinburgh AC	8.73	8.94Q
2	133	Jade Nimmo	Sale Harriers	8.98	8.98Q
3	18	Emma Brown	Vp-Glasgow AC	9.05	9.02Q
4	158	Charlotte Robison	Edinburgh AC		9.23q
5	131	Eleanor Newton	Edinburgh Univ	9.25	9.68
6	59	Niamh Guest	Pitreavie Aac	9.28	9.89
Heat 2 Preliminaries					
1	141	Mhairi Patience	Vp-Glasgow AC	8.98	8.87Q
2	142	Heather Paton	Worcester AC	8.81	8.88Q
3	23	Emma Canning	Whitemoss Aac	9.17	9.12Q
4	121	Yasmin Milne	Edinburgh AC	9.06	9.21q
5	130	Anna Nelson	Inverness Harriers	9.40	9.74

Event 9 Women 60 Meter Hurdles

Name	Age	Team	Prelims	Finals	
1	141	Mhairi Patience	Vp-Glasgow AC	8.87	8.72
2	142	Heather Paton	Worcester AC	8.88	8.81
3	143	Catriona Pennet	Edinburgh AC	8.94	8.86
4	23	Emma Canning	Whitemoss Aac	9.12	9.11
5	18	Emma Brown	Vp-Glasgow AC	9.02	9.12
6	158	Charlotte Robison	Edinburgh AC	9.23	9.15
7	121	Yasmin Milne	Edinburgh AC	9.21	9.16
--	133	Jade Nimmo	Sale Harriers	8.98	DNF

Event 6 Women High Jump

Name	Age	Team	Seed	Finals	
1	73	Amelia Jennings-McLaughlin	Liverpool Pembroke	1.76m	1.80m
2	53	Ella Gibbons	Worcester AC	1.75m	1.75m
3	98	Nikki Manson	Giffnock North Aac	1.77m	1.70m
4	23	Emma Canning	Whitemoss Aac	1.67m	1.65m
5	88	Erin Leggate	Vp-Glasgow AC		1.60m
6	139	Catherine Palmer	Giffnock North Aac	1.66m	1.60m
7	9	Heather Baird	Vp-Glasgow AC	1.65m	1.60m

8=	166	Alison Stewart	Whitemoss Aac	1.60m	1.55m
8=	174	Emma Thompson	Vp-Glasgow AC	1.60m	1.55m
10	72	Hazel Jamieson	Ayr Seaforth Aac	1.65m	1.55m
11	133	Jade Nimmo	Sale Harriers	1.72m	1.55m

Event 2 Women Pole Vault

Name	Age	Team	Seed	Finals	
Flight 1					
1	57	Anna Gordon	Pitreavie Aac	3.80m	3.70m
2	83	Hannah Lawler	Edinburgh AC	3.50m	3.50m

Event 3 Women Long Jump

Name	Age	Team	Seed	Finals	
1	183	Sarah Warnock	Edinburgh AC	6.42m	6.21m
2	34	Gillian Cooke	Edinburgh AC	6.43m	6.06m
3	4	Rachel Alexander	Giffnock North Aac	5.73m	5.93m
4	132	Faye Nicholson	Bedford & County AC	6.14m	5.90m
5	157	Rachel Robertson	Lasswade Aac	5.73m	5.75m
6	89	Hollie Lister	Vp-Glasgow AC	5.54m	5.46m

Event 8 Women Triple Jump

Name	Age	Team	Seed	Finals	
1	148	Emma Pringle	Gateshead Harriers	13.01m	12.30m
2	149	Hannah Pringle	Gateshead Harriers	11.61m	11.86m
3	107	Rachel McHugh	Shildon Running & Ac	12.23m	11.33m
4	61	Carolyn Harvey	Ayr Seaforth Aac	11.13m	11.30m
5	69	Alex Inglis	Glasgow School of Sp	10.60m	11.17m
6	157	Rachel Robertson	Lasswade Aac	11.75m	10.88m
7	155	Ellen Robertson	Arbroath & D	11.26m	10.81m
8	171	Abby Taylor	Glasgow School of Sp	10.65m	10.52m
--	109	Kirsten McIntee	Falkirk Victoria	10.30m	FOUL

Event 4 Women Shot Put

Name	Age	Team	Seed	Finals	
Flight 2					
1	191	Kirsty Yates	Edinburgh AC		14.43m
2	137	Katie Ord	Vp-Glasgow AC	10.28m	9.73m
3	122	Holly Morgan	Vp-Glasgow AC	10.11m	9.19m

Event 3 Men 60 Meter Dash

Name	Age	Team	Seed	Prelims	
Heat 1 Preliminaries					
1	172	Alec Thomas		7.15	7.03Q
2	2	Isaiah Adekanmbi	Vp-Glasgow AC	6.89	7.07Q
3	173	Kade Thomas		7.18	7.26Q
4	26	Jordan Charters	Lasswade Aac	7.30	7.32q
5	55	Craig Gillan	Tweed Leader	7.29	7.51q
Heat 2 Preliminaries					
1	138	Ryan Oswald	Pitreavie Aac	6.91	7.15Q
2	106	Johnathan McGuire	Central AC	7.40	7.27Q
3	159	John Ruddy	Shettleston	7.27	7.31Q
4	22	Daniel Cairns	Vp-Glasgow AC	7.19	7.34q
5	8	John Mulhern Armstrong		7.10	7.64
Heat 3 Preliminaries					
1	176	Cameron Tindle	Edinburgh AC	6.98	6.97Q
2	21	Ashim Burungu	Stirling University AC	7.10	7.21Q
3	117	Scott Michael	Shildon R & Ac	7.26	7.34Q
4	128	William Murray	Pitreavie Aac	7.20	7.54

5	80 Kyle Laing	Edinburgh Un	7.46	7.60
Heat 4 Preliminaries				
1	104 John McCall	Vp-Glasgow AC	7.07	7.24Q
2	192 Scott Young	Kilmarnock H&Ac	7.22	7.29Q
3	140 Steven Park		7.06	7.45Q
4	13 Steven Beattie	Vp-Glasgow AC	7.23	7.48q
5	111 Jonathan McKenna			8.17
6	112 Fraser McKenzie	Ayr Seaforth Aac	8.41	8.36

Event 7 Men 60 Meter Dash

Name	Age	Team	Prelims	Semis	
Heat 1 Semi-Finals					
1	2	Isaiah Adekanmbi	Vp-Glasgow AC	7.07	7.06Q
2	104	John McCall	Vp-Glasgow AC	7.24	7.17Q
3	173	Kade Thomas		7.26	7.24Q
4	192	Scott Young	Kilmarnock H&Ac	7.29	7.31q
5	140	Steven Park		7.45	7.38
6	26	Jordan Charters	Lasswade Aac	7.32	7.41
Heat 2 Semi-Finals					
1	172	Alec Thomas		7.03	7.04Q
2	21	Ashim Burungu	Stirling University AC	7.21	7.12Q
3	138	Ryan Oswald	Pitreavie Aac	7.15	7.23Q
4	117	Scott Michael	Shildon R&Ac	7.34	7.32q
5	106	Johnathan McGuire	Central AC	7.27	7.34
6	159	John Ruddy HI	Shettleston	7.31	7.35
7	22	Daniel Cairns	Vp-Glasgow AC	7.34	7.38
8	13	Steven Beattie	Vp-Glasgow AC	7.48	7.42

Event 13 Men 60 Meter Dash

Name	Age	Team	Semis	Finals	
1	172	Alec Thomas	7.04	6.98	
2	2	Isaiah Adekanmbi	Vp-Glasgow AC	7.06	7.01
3	21	Ashim Burungu	Stirling University Ac	7.12	7.10
4	104	John McCall	Vp-Glasgow AC	7.17	7.14
5	173	Kade Thomas		7.24	7.21
6	192	Scott Young	Kilmarnock H&Ac	7.31	7.40
7	117	Scott Michael	Shildon Rac	7.32	7.42

Event 15 Men 200 Meter Dash

Name	Age	Team	Seed	Prelims	
Heat 1 Preliminaries					
1	144	Grant Plenderleith	Falkirk Vict	21.30	22.22Q
2	21	Ashim Burungu	Stirling University Ac	22.68	22.84Q
3	22	Daniel Cairns	Vp-Glasgow AC	22.60	23.55q
4	111	Jonathan McKenna			27.48
--	112	Fraser McKenzie	Ayr Seaforth Aac	27.01	DQ Rule 112.1
Heat 2 Preliminaries					
1	67	Tom Holligan	Woodford Green	21.71	22.92Q
2	13	Steven Beattie	Vp-Glasgow AC	22.40	24.01Q
3	8	John Mulhern Armstrong		25.00	24.44
--	162	Robbie Shaw	Aberdeen Aac	22.80	DNF
Heat 3 Preliminaries					
1	172	Alec Thomas		22.24	22.77Q
2	195	Elliot Heath	Giffnock North Aac	21.77	23.94Q
3	192	Scott Young	Kilmarnock H&Ac	23.67	24.13q
Heat 4 Preliminaries					
1	19	Zach Bryson	Whitemoss Aac	21.91	22.50Q
2	159	John Ruddy HI	Shettleston	23.23	23.17Q
3	55	Craig Gillan	Tweed Leader	23.19	23.65q
4	140	Steven Park		21.98	23.80q

Event 20 Men 200 Meter Dash

Name	Age	Team	Prelims	Semis	
Heat 1 Semi-Finals					
1	144	Grant Plenderleith	Falkirk Vict	22.22	21.58Q
2	67	Tom Holligan	Woodford Green	22.92	22.37Q
3	22	Daniel Cairns	Vp-Glasgow AC	23.55	23.70
4	192	Scott Young	Kilmarnock H&Ac	24.13	24.34
Heat 2 Semi-Finals					
1	172	Alec Thomas		22.77	21.81Q
2	19	Zach Bryson	Whitemoss Aac	22.50	21.98Q
3	195	Elliot Heath	Giffnock North Aac	23.94	22.45q
4	159	John Ruddy	Shettleston	23.17	22.77q
5	55	Craig Gillan	Tweed Leader	23.65	23.70
6	140	Steven Park		23.80	23.75

Event 24 Men 200 Meter Dash

Name	Age	Team	Semis	Finals	
1	144	Grant Plenderleith	Falkirk Vict	21.58	21.63
2	172	Alec Thomas		21.81	21.70
3	19	Zach Bryson	Whitemoss Aac	21.98	21.93
4	67	Tom Holligan	Woodford Green	22.37	22.05
5	159	John Ruddy	Shettleston	22.77	23.28
6	195	Elliot Heath	Giffnock North Aac	22.45	51.89

Event 6 Men 400 Meter Run

Name	Age	Team	Seed	Prelims	
Heat 1 Preliminaries					
1	168	Patrick Swan		46.75	50.32Q
2	79	Daniel Lafferty	Shettleston	50.77	50.46Q
3	116	Calum McWilliam	Giffnock North Aac	50.59	50.48q
4	3	David Agnew	Pitreavie Aac	51.88	51.90
5	39	Paul Davidson - T20	Inverness Ha	52.74	52.60
Heat 2 Preliminaries					
1	5	Dylan Ali		51.34	50.10Q
2	78	Craig Knowles	Corstorphine Aac	50.40	50.23Q
3	63	Connor Henderson	Kilbarchan Aac	49.27	50.27q
4	126	John Mulhern	Vp-Glasgow AC	51.05	51.42

Event 19 Men 400 Meter Run

Name	Age	Team	Prelims	Finals	
Section 1 Finals					
1	168	Patrick Swan	50.32	48.75	
2	5	Dylan Ali	50.10	49.67	
3	79	Daniel Lafferty	Shettleston	50.46	50.82
4	116	Calum McWilliam	Giffnock North Aac	50.48	52.37
--	78	Craig Knowles	Corstorphine Aac	50.23	DNF
--	63	Connor Henderson	Kilbarchan Aac	50.27	DQ

Rule 112.2

Event 10 Men 800 Meter Run

Name	Age	Team	Seed	Prelims	
Heat 1 Preliminaries					
1	182	Jack Walker	Giffnock North Aac	2:01.00	1:57.90Q
2	156	Craig Robertson	Pitreavie Aac	1:52.00	1:58.53q
3	11	Robbie Barr	Vp-Glasgow AC	1:58.00	2:00.79
4	119	Owen Miller - T20	Dunfermline	1:59.00	2:01.77

5	186 Craig Whyteside	Whitemoss Aac	2:03.00	2:02.51
6	187 Alan Williamson	Shetland Aac	2:01.00	2:06.69
Heat 2	Preliminaries			
1	97 Donald Macleod		1:54.00	1:58.24Q
2	160 Todor Rusanov	Edinburgh AC	2:01.00	1:59.90q
3	68 Callum Hunter	Inverclyde AC	1:59.00	2:00.20q
4	16 Patrick Bowman	Vp-Glasgow AC	2:01.00	2:04.04
--	147 Ben Potrykus	Pitreavie Aac	1:57.00	DQ Rule 112.1
Heat 3	Preliminaries			
1	10 John Ball	Glasgow Scho	1:54.00	2:00.66Q
2	76 Lloyd Kempson	Nene Valley AC	1:56.55	2:01.23
3	30 Andrew Clark	Giffnock North Aac	2:01.00	2:04.71
4	150 Craig Prior	Clydesdale Harriers	2:03.60	2:11.68
5	175 Matthew Thomson	Inverclyde AC	2:10.00	2:13.37

Event 22 Men 800 Meter Run

Name	Age	Team	Prelims	Finals	
Section 1 Finals					
1	97	Donald Macleod	1:58.24	1:58.32	
2	182	Jack Walker	Giffnock North Aac	1:57.90	1:59.60
3	10	John Ball	Glasgow Scho	2:00.66	1:59.98
4	156	Craig Robertson	Pitreavie Aac	1:58.53	2:00.23
5	160	Todor Rusanov	Edinburgh AC	1:59.90	2:06.06

Event 11 Men 1500 Meter Run

Name	Age	Team	Seed	Finals	
Section 1					
1	46	Myles Edwards	Thames Valley	3:46.90	3:56.59
2	35	Howell Craske	Corstorphine Aac	3:51.16	3:58.21
3	124	Grant Muir	Giffnock North Aac	3:48.00	3:59.17
4	100	Euan Martin	Falkirk Victoria	3:56.00	4:00.12
5	33	Dale Colley	Central AC	3:35.00	4:00.93
6	36	Dermot Cummins	Corstorphine Aac	3:55.00	4:01.09
7	102	Callum Matthews	Kilbarchan Aac	3:59.00	4:02.80
8	40	Samuel Davies	Kilbarchan Aac	4:07.00	4:08.35
9	54	Patryk Gierjatowicz	Hunters Bog	4:10.00	4:18.38
10	151	Adam Redpath	Vp-Glasgow AC	4:35.00	4:28.11
11	66	Kenneth Hislop	Central AC	5:35.00	5:30.47

Event 1 Men 60 Meter Hurdles

Name	Age	Team	Seed	Prelims	
Heat 1 Preliminaries					
1	84	Jack Lawrie	Pitreavie Aac	8.38	8.38q
2	127	Andrew Murphy	Kilbarchan Aac	8.69	8.57q

Event 8 Men 60 Meter Hurdles

Name	Age	Team	Prelims	Finals	
Section 1 Finals					
1	84	Jack Lawrie	Pitreavie Aac	8.38	8.37
2	127	Andrew Murphy	Kilbarchan Aac	8.57	8.57

Event 7 Men High Jump

Name	Age	Team	Seed	Finals	
Flight 1					
1	163	Allan Smith	Shaftesbury	2.25m	2.25m
2	164	David Smith	Giffnock North Aac	2.25m	2.25m
3	15	Raymond Bobrownicki	Vp-Glasgow AC	2.28m	2.20m
4	77	Matthew Kerr	Giffnock North Aac	1.90m	1.90m

Event 2 Men Pole Vault

Name	Age	Team	Seed	Finals	
Flight 1					
1	1	Samuel Adams	Vp-Glasgow AC	4.73m	4.65m
2	127	Andrew Murphy	Kilbarchan Aac	4.21m	4.20m
3	24	Tom Chandler	Central AC	3.80m	4.00m

Event 1 Men Long Jump

Name	Age	Team	Seed	Finals	
Flight 1					
1	99	David John Martin	Shettleston	7.40m	7.08m
2	145	Ben Porter	Gateshead Harriers	7.12m	7.01m
3	110	Garry Mckay	Edinburgh AC	7.30m	6.84m
4	92	Sam Lyon	Aberdeen Aac	7.05m	6.78m
5	125	Peter Muirhead	Central AC	7.01m	6.72m
6	7	James Andrew	Jarrow & Hebburn	7.02m	6.64m
7	112	Fraser McKenzie	Ayr Seaforth Aac	4.50m	4.51m

Event 5 Men Triple Jump

Name	Age	Team	Seed	Finals	
Flight 1					
1	136	Chukwudi Onyia	Kent AC	15.24m	15.40m
2	31	Cameron Clark			14.04m
3	185	David Watson	Shettleston	15.26m	13.75m
4	189	David Wilson	Vp-Glasgow AC	12.62m	12.42m
5	56	Julien Gittens	Leeds City AC		11.89m

Event 4 Mixed Shot Put

Name	Age	Team	Seed	Finals	
Flight 1					
1	179	Alan Toward	M Enfield & Haringey	14.82m	14.17m
2	108	Angus McInroy	M Shaftesbury	14.79m	14.10m
3	127	Andrew Murphy	M Kilbarchan Aac	13.87m	13.16m
4	135	Sam O'Kane	M Kilbarchan Aac	12.86m	12.78m
5	48	Graeme Ferguson	M Scottish Prison Serv	12.34m	12.06m
6	146	Graham Porterfield	M East Kilbride A.C.	11.83m	10.55m