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| 1 Central AC C | 00:58:24 | 2 Giffnock North AAC | 01:00:11 | 3 Kirkintilloch Olympians B | 01:06:40 |
| Patricia Milne (F50) | 19:24 | Hilary Millar (F50) | 19:43 | Marie McChord (F55) | 19:32 |
| Jane Waterhouse (F60) | 19:57 | Li Wang (F50) | 19:32 | Ada Stewart (F50) | 22:50 |
| Hazel Dean (F50) | 19:03 | Maureen McVey (F50) | 20:56 | Shirley MacNab (F50) | 24:18 |