

1 Ron Hill Cambuslang Harriers E	00:57:23	8 Corstorphine AAC E	01:05:27	15 Carnegie Harriers B	01:11:13
Stephen Wylie (M 40)	14:13	Richard Lewis (M 40)	15:19	Mark Johnstone (M 40)	19:19
Greg Hastie (M 40)	15:09	Alan Cameron (M 40)	16:40	Peter Humphreys (M 45)	16:41
Kerry-Liam Wilson (M 40)	13:51	Dean Carr (M 40)	16:28	Robert Milton (M 50)	18:39
Jamie Reid (M 40)	14:10	Ian McPherson (M 45)	17:00	Steven King (M 40)	16:34
2 Greenock Glenpark Harriers B	01:00:56	9 VP-Glasgow AC C	01:05:52	16 Gala Harriers C	01:11:37
David Tamburini (M 40)	15:01	Crawford Little (M 45)	15:42	Alan Johnston (M 40)	17:53
Steven Campbell (M 40)	15:01	Peter Jardine (M 45)	16:33	Derrick Brydon (M 40)	18:21
Andrew White (M 45)	15:28	Gerard Craig (M 45)	16:06	William McCulloch (M 55)	17:47
Paul Monaghan (M 40)	15:26	Ralph Connolly (M 45)	17:31	Rory Campbell (M 40)	17:36
3 Kirkintilloch Olympians	01:01:13	10 Greenock Glenpark Harriers E	01:06:22	17 Hunters Bog Trotters E	01:12:33
Graham McCabe (M 40)	14:55	Sam McVicar (M 40)	15:33	Jon Rathjen (M 45)	16:14
Stephen Allan (M 40)	14:51	Robert Adams (M 45)	16:58	James Jarvis (M 40)	16:28
Howard Elliott (M 45)	15:45	Kevan McCartney (M 40)	16:11	Brian Pendreigh (M 55)	19:53
David Hogg (M 40)	15:42	Robert Wilson (M 55)	17:40	Ian Campbell (M 45)	19:58
4 Bellahouston Road Runners B	01:01:21	11 Motherwell AC D	01:07:53	18 Greenock Glenpark Harriers G	01:14:52
Greig Glendinning (M 40)	15:04	Brian McLinden (M 40)	16:24	Michael Harrington (M 50)	18:04
Alastair Ewen (M 40)	15:06	Gordon McArthur (M 40)	17:43	Ross Slater (M 50)	18:41
Liam Conway (M 45)	15:30	Andrew Buchanan (M 40)	16:33	Robin McAuslan (M 50)	18:32
Russell Whittington (M 40)	15:41	Mark Gallacher (M 40)	17:13	Kevin James Gill (M 45)	19:35
5 Kilmarnock H&AC B	01:03:11	12 Edinburgh AC B	01:08:11	19 Falkirk Victoria Harriers B	01:17:20
Leslie McDermott (M 40)	15:50	Ken Mortimer (M 50)	17:38	John Martin (M 55)	18:28
Colin Glencourse (M 40)	15:32	Chris Creegan (M 50)	17:23	Malcolm Finlayson (M 45)	17:49
Connell Drummond (M 40)	16:20	Andrew Latham (M 45)	16:37	Gordon Dewar (M 45)	21:27
Scott Martin (M 45)	15:29	Robert Hamilton (M 40)	16:33	John Denholm (M 60)	19:36
6 Shettleston Harriers C	01:03:22	13 Bellahouston Road Runners D	01:08:39	20 Teviotdale Harriers B	01:20:53
Ian Johnston (M 45)	14:53	Henry Merriweather (M 40)	17:10	Ged Smith (M 40)	19:30
John Connaghan (M 40)	15:30	Gerry Hanlon (M 50)	18:11	Michael Yule (M 45)	18:39
Walter Henderson (M40)	16:25	Jim Robinson (M 50)	16:46	Alan Coltman (M 45)	20:56
John J Duffy (M 50)	16:34	Gerard Scullion (M 45)	16:32	Paul Lockie (M 45)	21:48
7 Central AC E	01:04:38	14 Calderglen Harriers C	01:11:12	21 Bellahouston Harriers C	01:24:09
Robin Mussett (M 50)	17:03	Andrew Henderson (M 60)	18:23	Robert Carson (M 60)	20:19
Ewan Jack (M 40)	15:27	Jim Holmes (M 45)	18:02	James McMillan (M 70)	20:42
Philip Williams (M 40)	15:34	David Herbertson (M 40)	18:23	Iain Burke (M 65)	20:54
Neil Cameron (M 45)	16:34	Alan Derrick (M 45)	16:24	Christopher Steward (M 60)	22:14