

Stage 1

1	00:19:24	Patricia Milne (F50)	Central AC C	3	00:19:43	Hilary Millar (F50)	Giffnock North AAC
2	00:19:32	Marie McChord (F55)	Kirkintilloch Olympians B				

Stage 2

1	00:19:32	Li Wang (F50)	Giffnock North AAC	3	00:22:50	Ada Stewart (F50)	Kirkintilloch Olympians B
2	00:19:57	Jane Waterhouse (F60)	Central AC C				

Stage 3

1	00:19:03	Hazel Dean (F50)	Central AC C	3	00:24:18	Shirley MacNab (F50)	Kirkintilloch Olympians B
2	00:20:56	Maureen McVey (F50)	Giffnock North AAC				