

Stage 1

1	00:14:25	Rhona Auckland (F Sen)	Edinburgh Univ Hare & Hounds	37	00:17:50	Skye Dick (F Sen)	Glasgow University H and H
2	00:15:32	Kathryn Gillespie (FU20)	Central AC	38	00:18:04	Catriona Fisher (F Sen)	Westerlands XC Club B
3	00:15:45	Tessa Hill (F Sen)	Hunters Bog Trotters	39	00:18:08	Karen Kealey (F40)	Ochil Hill Runners
4	00:15:48	Fiona Rudkin (F Sen)	Metro Aberdeen Running Club	40	00:18:10	Susan MacRitchie (F Sen)	Bellahouston Harriers B
5	00:15:48	Michelle Sandison (F Sen)	Springburn Harriers D	41	00:18:19	Lana Turnbull (F Sen)	Lothian Running Club B
6	00:15:54	Christina Rankin (F Sen)	Kilbarchan AAC	42	00:18:21	Lisa Christy (FU20)	Glasgow University H and H B
7	00:15:58	Gemma Cormack (F Sen)	Aberdeen AAC	43	00:18:36	Elsie Downham (F Sen)	Bellahouston Road Runners
8	00:16:02	Catriona Graves (FU20)	Garscube Harriers	44	00:18:46	Diane Clark (F Sen)	Garscube Harriers B
9	00:16:08	Laura Dunn (F Sen)	Edinburgh AC	45	00:18:50	Rebecca Parry (F Sen)	Helensburgh AAC C
10	00:16:11	Jenny Tan (F Sen)	Fife AC	46	00:18:57	Marian Kelly (F Sen)	Garscube Harriers C
11	00:16:13	Kirstin Maxwell (F Sen)	Gala Harriers C	47	00:18:57	Maria Dye (F45)	Helensburgh AAC
12	00:16:16	Stephanie Pennycuik (FU20)	Edinburgh Univ Hare & Hounds B	48	00:18:58	Laura Forrester (F Sen)	Corstorphine AAC
13	00:16:18	Rachel Smirthwaite (F Sen)	Hunters Bog Trotters C	49	00:19:04	Katherine Hylands (F Sen)	Bellahouston Harriers C
14	00:16:19	Lauren Stoddart (F Sen)	Edinburgh AC C	50	00:19:07	Karolina Kivimäki (F Sen)	Edinburgh Univ Hare & Hounds D
15	00:16:20	Cara Sloss (F Sen)	Kilbarchan AAC B	51	00:19:19	Charlene McCallum (F Sen)	Shettleston Harriers B
16	00:16:22	Jo Williams (F Sen)	Lothian Running Club	52	00:19:26	Elaine Davies (F40)	Edinburgh AC E
17	00:16:29	Emma Dunnett (FU20)	Edinburgh AC B	53	00:19:51	Suzanne Coyle (F Sen)	Greenock Glenpark
18	00:16:33	Sophie Mullins (F Sen)	Fife AC B	54	00:19:55	Rose McRobert (F40)	Bellahouston Road Runners B
19	00:16:34	Melissa Wylie (F45)	Dumbarton AAC	55	00:20:00	Nicola Flynn (F40)	Falkirk Victoria Harriers B
20	00:16:40	Shona Robertson (F40)	Shettleston Harriers	56	00:20:01	Kara Tar (F Sen)	Hunters Bog Trotters D
21	00:17:01	Alexandra Lamond (F Sen)	Hill Cambuslang Harriers	57	00:20:04	Claire Smith (F40)	Metro Aberdeen Running Club B
22	00:17:02	Julie Nimmo (FU20)	Falkirk Victoria Harriers	58	00:20:11	Cheryl McNulty (F Sen)	Hamilton Harriers
23	00:17:03	Jennifer Kibble (F Sen)	Fife AC C	59	00:20:25	Amy Spencer (F Sen)	Kilbarchan AAC C
24	00:17:04	Angela Richardson (F Sen)	University of St Andrews CC	60	00:20:54	Hylida Stewart (F55)	Clydesdale Harriers
25	00:17:04	Deborah Stokoe (F Sen)	Westerlands XC Club	61	00:21:09	Alison Pirie (F Sen)	Metro Aberdeen Running Club C
26	00:17:06	Hilary McGrath (F50)	Law & District AAC	62	00:21:11	Christine Deng (F Sen)	Glasgow University H and H C
27	00:17:13	Lindsay McMahon (F40)	Kilmarnock H&AC	63	00:21:15	Ruth Johnstone (F Sen)	Portobello Running Club
28	00:17:14	Amy Frankland (FU20)	Edinburgh Univ Hare & Hounds C	64	00:21:33	Angela Carson (F45)	Bellahouston Harriers D
29	00:17:17	Nynke Mulholland (F Sen)	Inverclyde AC	65	00:21:57	Dawn Kerr (F Sen)	Central AC B
30	00:17:20	Donna Finlayson (F Sen)	VP-Glasgow AC B	66	00:22:05	Kirstin Arthur (F Sen)	Greenock Glenpark C
31	00:17:22	Joanna Wilson (F Sen)	Carnegie Harriers B	67	00:22:22	Fran Crumley (F Sen)	Helensburgh AAC B
32	00:17:26	Claire Thompson (F Sen)	VP-Glasgow AC	68	00:22:56	Donna Inglis (F45)	Teviotdale Harriers
33	00:17:29	Karla Borland (F Sen)	Edinburgh AC D	69	00:24:22	Rhona Martin (F Sen)	Bellahouston Harriers E
34	00:17:36	Chloe Simpson (FU20)	Inverclyde AC B	70	00:25:11	Shelagh King (F55)	Gala Harriers D
35	00:17:42	Ellen Stickle (FU20)	Aberdeen AAC B	71	00:28:35	Janice Millar (F55)	Kilmarnock H&AC B
36	00:17:42	Joanne Clark (F40)	Motherwell AC				

Stage 2

1	00:15:12	Laura Muir (F Sen)	Glasgow University H and H	32	00:18:49	Joda Quigley (F Sen)	Westerlands XC Club
2	00:15:30	Helen Sharpe (F Sen)	Fife AC	33	00:18:55	Fiona Hegarty (F Sen)	Edinburgh AC E
3	00:15:38	Jennifer Emsley (F Sen)	Central AC	34	00:19:00	Caroline Cochran (F Sen)	Bellahouston Harriers B
4	00:15:50	Gillian Palmer (F Sen)	Edinburgh AC B	35	00:19:03	Katrina Ballantyne (F Sen)	Glasgow University H and H B
5	00:16:00	Rachael Dunn (FU20)	Edinburgh AC	36	00:19:25	Amy Hendry (FU20)	Central AC B
6	00:16:08	Shona McIntosh (F Sen)	Hunters Bog Trotters	37	00:19:29	Claire Gordon (F Sen)	Hunters Bog Trotters C
7	00:16:11	Eve MacKinnon (FU20)	Ron Hill Cambuslang Harriers	38	00:19:31	Fiona Kelsall (F40)	Ochil Hill Runners
8	00:16:26	Georgia Tindley (F Sen)	Edinburgh Univ Hare & Hounds	39	00:19:38	Christine Little (F Sen)	Bellahouston Road Runners
9	00:16:33	Maica Rodriguez (F Sen)	Kilbarchan AAC	40	00:19:39	Emma Blair (F Sen)	Garscube Harriers B
10	00:16:36	Katie Jones (F Sen)	Fife AC B	41	00:19:49	Rebecca Crony (F Sen)	Hunters Bog Trotters D
11	00:16:45	Emma Rice (F Sen)	Aberdeen AAC	42	00:19:50	Helen Crooks (F Sen)	Helensburgh AAC C
12	00:16:54	Sharon Muir (F Sen)	Inverclyde AC	43	00:19:55	Laura Johnstone (F Sen)	Helensburgh AAC
13	00:16:57	Sarah Douglas (FU20)	Edinburgh Univ Hare & Hounds B	44	00:19:57	Paula Wilson (F45)	Kilmarnock H&AC
14	00:17:01	Annie Carroll (F Sen)	Edinburgh Univ Hare & Hounds C	45	00:20:01	Mairi Gilmour (FU20)	Glasgow University H and H C
15	00:17:09	Stella Winters (FU20)	Shettleston Harriers	46	00:20:11	Carla Ward (F Sen)	Bellahouston Road Runners B
16	00:17:23	Elaine Eadie (F Sen)	Kilbarchan AAC B	47	00:20:15	Jenni Owens (F Sen)	Portobello Running Club
17	00:17:30	Nikki Gibson (F Sen)	Edinburgh AC C	48	00:20:20	Donna Clark (F Sen)	Greenock Glenpark
18	00:17:33	Kayleigh Jarrett (F Sen)	Metro Aberdeen Running Club	49	00:20:50	Gaynor Gillespie (F45)	Westerlands XC Club B
19	00:17:42	Charlotte Wilson (F Sen)	Garscube Harriers	50	00:20:54	Janet Fellowes (F55)	Helensburgh AAC B
20	00:17:46	Yvonne Crilly (F50)	Lothian Running Club	51	00:20:55	Valerie Wilson (F45)	Metro Aberdeen Running Club C
21	00:17:48	Leanne Hamilton (F Sen)	Kilbarchan AAC C	52	00:21:03	Morag Casey (F40)	Garscube Harriers C
22	00:17:53	Mhairi Boyle (FU20)	Fife AC C	53	00:21:10	Teresa Watson (F Sen)	Inverclyde AC B
23	00:17:59	Emily Strathdee (FU20)	Edinburgh AC D	54	00:21:27	Karen Forsyth (F Sen)	Carnegie Harriers B
24	00:17:59	Hannah Terrance (F Sen)	Springburn Harriers D	55	00:21:38	Angela Campbell (F Sen)	Bellahouston Harriers C
25	00:18:04	Charlene Kelly (F Sen)	Dumbarton AAC	56	00:22:09	Viki Wilkinson (F40)	Greenock Glenpark C
26	00:18:07	Susan Johnston (F45)	Corstorphine AAC	57	00:22:29	Vicki Hopewell (F Sen)	Bellahouston Harriers D
27	00:18:15	Lorna Kennedy (F Sen)	Falkirk Victoria Harriers	58	00:23:27	Claire Barr (FU20)	Falkirk Victoria Harriers B
28	00:18:19	Emma Stevenson (F Sen)	Motherwell AC	59	00:23:35	Margaret Newell (FU20)	Law & District AAC
29	00:18:24	Nicola Porterfield (F Sen)	Gala Harriers C	60	00:24:29	Emily Jackson (F Sen)	Bellahouston Harriers E
30	00:18:32	Molly Pace (FU20)	University of St Andrews CC	61	00:25:40	Lyndsay Findlay (F Sen)	Hamilton Harriers
31	00:18:48	Kirsty Robson (F40)	Metro Aberdeen Running Club B				

Stage 3

1	00:14:45	Morag MacLarty (F Sen)	Central AC	29	00:18:51	Anne Peat (F45)	Edinburgh AC E
2	00:14:51	Madeleine Murray (F Sen)	Edinburgh AC	30	00:18:59	Melanie Sinclair (F40)	Carnegie Harriers B
3	00:15:15	Rosie Smith (F Sen)	Hunters Bog Trotters	31	00:19:07	Kristina Greig (F Sen)	Bellahouston Harriers B
4	00:15:28	Edel Mooney (F Sen)	Lothian Running Club	32	00:19:16	Bethany Ross (F Sen)	Kilmarnock H&AC
5	00:15:54	Megan Crawford (F Sen)	Fife AC	33	00:19:20	Chloe McAdam (F Sen)	Garscube Harriers B
6	00:16:11	Julie Gordon (F Sen)	Inverclyde AC	34	00:19:30	Orla Chapman (F Sen)	Glasgow University H and H B
7	00:16:14	Mhairi MacLennan (FU20)	Edinburgh Univ Hare & Hounds	35	00:19:32	Claire Barrie (F Sen)	Metro Aberdeen Running Club
8	00:16:21	Eilis McKechnie (F Sen)	Hunters Bog Trotters C	36	00:19:37	Rebecca Beale (F Sen)	Helensburgh AAC
9	00:16:24	Sarah Dempsey (FU20)	Kilbarchan AAC B	37	00:19:38	Alayne Finlay (F Sen)	Ochil Hill Runners
10	00:16:27	Katie Bristow (F Sen)	Ron Hill Cambuslang Harriers	38	00:19:51	Carrie Craig (F Sen)	Hunters Bog Trotters D
11	00:16:27	Abigail Bender (F Sen)	University of St Andrews CC	39	00:19:52	Julia McDonald (F Sen)	Bellahouston Road Runners B
12	00:16:32	Carole Setchell (F Sen)	Shettleston Harriers	40	00:19:54	Petra Hampton (F Sen)	Metro Aberdeen Running Club B
13	00:16:33	Amanda Woodrow (F Sen)	Edinburgh AC B	41	00:20:11	Elizabeth Adams (F Sen)	Westerlands XC Club
14	00:16:38	Natalie Sharp (F Sen)	Kilbarchan AAC	42	00:20:21	Penny Timms (F Sen)	Glasgow University H and H C
15	00:16:57	Laura Devine (F Sen)	Garscube Harriers	43	00:20:22	Eileen Maxwell (F50)	Gala Harriers C
16	00:17:01	Amie McKimmie (F Sen)	Fife AC B	44	00:20:33	Gillian Forrest (F40)	Greenock Glenpark
17	00:17:03	Ellie Buchan (F Sen)	Aberdeen AAC	45	00:20:56	Siobhan Inglis (F Sen)	Kilbarchan AAC C
18	00:17:13	Charlotte Watson (F Sen)	Edinburgh Univ Hare & Hounds B	46	00:21:14	Katy Smith (F40)	Bellahouston Harriers D
19	00:17:14	Hannah Waugh (F Sen)	Edinburgh AC C	47	00:21:22	Suzanne Boyle (F Sen)	Bellahouston Harriers C
20	00:17:32	Catriona Welsh (F Sen)	Central AC B	48	00:21:32	Hannah Stark (FU20)	Law & District AAC
21	00:17:34	Lynsey Lennox (F Sen)	Dumbarton AAC	49	00:21:45	Sharon Taylor (F50)	Westerlands XC Club B
22	00:17:34	Nicole Gruzczyn (F Sen)	Glasgow University H and H	50	00:21:56	Janette Clarkson (F45)	Hamilton Harriers
23	00:17:39	Stephanie McDowall (F Sen)	Portobello Running Club	51	00:22:02	Alison Marven (F40)	Falkirk Victoria Harriers B
24	00:17:46	Gillian Carr (F Sen)	Corstorphine AAC	52	00:22:39	Lisa Ruddy (F Sen)	Greenock Glenpark C
25	00:17:59	Mairi Blankenstein (F Sen)	Edinburgh AC D	53	00:22:46	Isobel Martin (F45)	Garscube Harriers C
26	00:18:05	Louise Ross (F Sen)	Bellahouston Road Runners	54	00:22:57	Kim Law (F Sen)	Inverclyde AC B
27	00:18:13	Clare Hughes (F Sen)	Motherwell AC	55	00:24:59	Sarah Styles (F Sen)	Metro Aberdeen Running Club C
28	00:18:16	Millie Woodrow (F Sen)	Edinburgh Univ Hare & Hounds C	56	00:28:36	Allison Halvorson (F45)	Helensburgh AAC B