

### Stage 1

1	00:14:13	Stephen Wylie (M 40)	Ron Hill Cambuslang Harriers E	12	00:17:03	Robin Mussett (M 50)	Central AC E
2	00:14:53	Ian Johnston (M 45)	Shettleston Harriers C	13	00:17:10	Henry Merriweather (M 40)	Bellahouston Road Runners D
3	00:14:55	Graham McCabe (M 40)	Kirkintilloch Olympians	14	00:17:38	Ken Mortimer (M 50)	Edinburgh AC B
4	00:15:01	David Tamburini (M 40)	Greenock Glenpark Harriers B	15	00:17:53	Alan Johnston (M 40)	Gala Harriers C
5	00:15:04	Greig Glendinning (M 50)	Bellahouston Road Runners B	16	00:18:04	Michael Harrington (M 50)	Greenock Glenpark Harriers G
6	00:15:19	Richard Lewis (M 40)	Corstorphine AAC E	17	00:18:23	Andrew Henderson (M 60)	Calderglen Harriers C
7	00:15:33	Sam McVicar (M 40)	Greenock Glenpark Harriers E	18	00:18:28	John Martin (M 55)	Falkirk Victoria Harriers B
8	00:15:42	Crawford Little (M 45)	VP-Glasgow AC C	19	00:19:19	Mark Johnstone (M 40)	Carnegie Harriers B
9	00:15:50	Leslie McDerment (M 40)	Kilmarnock H&AC B	20	00:19:30	Ged Smith (M 40)	Teviotdale Harriers B
10	00:16:14	Jon Rathjen (M 45)	Hunters Bog Trotters E	21	00:20:19	Robert Carson (M 60)	Bellahouston Harriers C
11	00:16:24	Brian McLinden (M 40)	Motherwell AC D				

### Stage 2

1	00:14:51	Stephen Allan (M 40)	Kirkintilloch Olympians	12	00:16:58	Robert Adams (M 45)	Greenock Glenpark Harriers E
2	00:15:01	Steven Campbell (M 40)	Greenock Glenpark Harriers B	13	00:17:23	Chris Creegan (M 50)	Edinburgh AC B
3	00:15:06	Alastair Ewen (M 40)	Bellahouston Road Runners B	14	00:17:43	Gordon McArthur (M 40)	Motherwell AC D
4	00:15:09	Greg Hastie (M 40)	Ron Hill Cambuslang Harriers E	15	00:17:49	Malcolm Finlayson (M 45)	Falkirk Victoria Harriers B
5	00:15:27	Ewan Jack (M 40)	Central AC E	16	00:18:02	Jim Holmes (M 45)	Calderglen Harriers C
6	00:15:30	John Connaghan (M 40)	Shettleston Harriers C	17	00:18:11	Gerry Hanlon (M 50)	Bellahouston Road Runners D
7	00:15:32	Colin Glencourse (M 40)	Kilmarnock H&AC B	18	00:18:21	Derrick Brydon (M 40)	Gala Harriers C
8	00:16:28	James Jarvis (M 40)	Hunters Bog Trotters E	19	00:18:39	Michael Yule (M 45)	Teviotdale Harriers B
9	00:16:33	Peter Jardine (M 45)	VP-Glasgow AC C	20	00:18:41	Ross Slater (M 50)	Greenock Glenpark Harriers G
10	00:16:40	Alan Cameron (M 40)	Corstorphine AAC E	21	00:20:42	James McMillan (M 70)	Bellahouston Harriers C
11	00:16:41	Peter Humphreys (M 45)	Carnegie Harriers B				

### Stage 3

1	00:13:51	Kerry-Liam Wilson (M 40)	Ron Hill Cambuslang Harriers E	12	00:16:37	Andrew Latham (M 45)	Edinburgh AC B
2	00:15:28	Andrew White (M 45)	Greenock Glenpark Harriers B	13	00:16:46	Jim Robinson (M 50)	Bellahouston Road Runners D
3	00:15:30	Liam Conway (M 45)	Bellahouston Road Runners B	14	00:17:47	William Mcculloch (M 55)	Gala Harriers C
4	00:15:34	Philip Williams (M 40)	Central AC E	15	00:18:23	David Herbertson (M 40)	Calderglen Harriers C
5	00:15:45	Howard Elliott (M 45)	Kirkintilloch Olympians	16	00:18:32	Robin McAuslan (M 50)	Greenock Glenpark Harriers G
6	00:16:06	Gerard Craig (M 45)	VP-Glasgow AC C	17	00:18:39	Robert Milton (M 50)	Carnegie Harriers B
7	00:16:11	Kevan McCartney (M 40)	Greenock Glenpark Harriers E	18	00:19:53	Brian Pendreigh (M 55)	Hunters Bog Trotters E
8	00:16:20	Connell Drummond (M 40)	Kilmarnock H&AC B	19	00:20:54	Iain Burke (M 65)	Bellahouston Harriers C
9	00:16:25	Walter Henderson (M 40)	Shettleston Harriers C	20	00:20:56	Alan Coltman (M 45)	Teviotdale Harriers B
10	00:16:28	Dean Carr (M 40)	Corstorphine AAC E	21	00:21:27	Gordon Dewar (M 45)	Falkirk Victoria Harriers B
11	00:16:33	Andrew Buchanan (M 40)	Motherwell AC D				

### Stage 4

1	00:14:10	Jamie Reid (M 40)	Ron Hill Cambuslang Harriers E	12	00:17:00	Ian McPherson (M 45)	Corstorphine AAC E
2	00:15:26	Paul Monaghan (M 40)	Greenock Glenpark Harriers B	13	00:17:13	Mark Gallacher (M 40)	Motherwell AC D
3	00:15:29	Scott Martin (M 45)	Kilmarnock H&AC B	14	00:17:31	Ralph Connolly (M 45)	VP-Glasgow AC C
4	00:15:41	Russell Whittington (M 40)	Bellahouston Road Runners B	15	00:17:36	Rory Campbell (M 40)	Gala Harriers C
5	00:15:42	David Hogg (M 40)	Kirkintilloch Olympians	16	00:17:40	Robert Wilson (M 55)	Greenock Glenpark Harriers E
6	00:16:24	Alan Derrick (M 45)	Calderglen Harriers C	17	00:19:35	Kevin James Gill (M 45)	Greenock Glenpark Harriers G
7	00:16:32	Gerard Scullion (M 45)	Bellahouston Road Runners D	18	00:19:36	John Denholm (M 60)	Falkirk Victoria Harriers B
8	00:16:33	Robert Hamilton (M 40)	Edinburgh AC B	19	00:19:58	Ian Campbell (M 45)	Hunters Bog Trotters E
9	00:16:34	Steven King (M 40)	Carnegie Harriers B	20	00:21:48	Paul Lockie (M 45)	Teviotdale Harriers B
10	00:16:34	Neil Cameron (M 45)	Central AC E	21	00:22:14	Christopher Steward (M 60)	Bellahouston Harriers C
11	00:16:34	John J Duffy (M 50)	Shettleston Harriers C				